

## **Exhibit 1**

### **Dental Hygiene Core Goals and Competencies**

**Major Goal:** To comprehensively prepare competent individuals in the Dental Hygiene discipline.

#### **I. Core Goal (C)**

The dental hygienist must possess the ethics, values, skills and knowledge integral to all aspects of the profession.

##### **Competencies**

- C.1 Apply a professional code of ethics and knowledge in all endeavors
- C.2 Adhere to state and federal laws, recommendations and regulations in the provision of dental hygiene care
- C.3 Communicate effectively with individuals and groups from diverse populations
- C.4 Communicate effectively with other healthcare professionals concerning the best interest of the patient
- C.5 Provide accurate, consistent and complete research and documentation for services
- C.6 Provide care to all patients using an individualized approach that encompasses the skills and knowledge obtained through education

#### **II. Health Promotion and Disease Prevention Goal (HP)**

The dental hygienist needs to emphasize both the prevention of disease and effective health care delivery.

##### **Competencies**

- HP.1 Promote the values of oral and general health and wellness to the public by teaching proper dental care and oral hygiene instructions
- HP.2 Respect the goals, values, beliefs, and preferences of the patient while promoting optimal oral and general health to promote and teach patients disease prevention and health strategies
- HP.3 Identify through research individual and population risk factors and develop strategies that promote health related quality of life
- HP.4 Evaluate factors that can be used to promote and teach patient adherence to disease prevention and health maintenance strategies
- HP.5 Provide optimal interprofessional communication and education

#### **III. Community Involvement Goal (CM)**

Dental hygienists must appreciate their role as healthcare professionals providing a service in the local state and national levels. Through teaching, research, and service to the community, the dental hygienist must be prepared to influence others to facilitate access to care and services.

##### **Competencies**

- CM.1 Assess the oral health needs of the community and the quality and availability of resources and services
- CM.2 Provide community oral health education in a variety of settings
- CM.3 Research and evaluate reimbursement mechanisms and their impact on the patient's access to oral health care
- CM.4 Research and evaluate the outcomes of community-based programs and plan for future activities

#### **IV. Patient Care Goal (PC)**

Central to the maintenance of health, the dental hygienists' role in patient care is ever-changing. Utilizing the ADPIE format, dental hygiene graduates must use their skills to assess, diagnose, plan, implement and evaluate treatment.

## **Competencies**

### Assessment

PC.1 Systematically research, analyze, and record data on the general oral and psychosocial health status of a variety of patients using methods consistent with medicolegal principles

### Diagnosis

PC.2 Use critical decision making skills to reach conclusions about the patient's dental hygiene needs based on all available assessment data.

### Planning

PC.3 Collaborate with the patient and/or other health care professionals to formulate a comprehensive dental hygiene care plan that is patient centered and based on current scientific evidence.

### Implementation

PC.4 Provide specialized treatment that includes preventive and therapeutic services designed to achieve and maintain oral health

### Evaluation

PC.5 Evaluate the effectiveness of the implemented clinical, preventive, and educational services and modify as needed

## **V. Student Achievement Goal (SA)**

The dental hygienist should be a well-rounded and educated healthcare professional. Dental hygiene graduates are exposed to multiple assessment modalities and consistent learning competencies through a comprehensive curriculum.

### **Competencies**

SA.1 Identify various oral conditions by treating a multitude of patients and abiding to the dental hygiene process of care

SA.2 Use critical thinking exercises to interpret patient case studies

SA.3 Provide a variety of treatment services to patients within the states practice act

SA.4 Identify individual patient needs through thorough research activities

## **VI. Professional Growth and Development Goal (PGD)**

A dental hygienist must be aware of a variety of opportunities for professional growth and development. Critical to ongoing growth are skills in teaching, communication, problem solving, critical thinking, and research.

### **Competencies**

PGD.1 Develop practice management and marketing strategies to be used in the delivery and teaching of oral health care

PGD.2 Access professional networks to pursue professional goals

PGD.3 Update skills and knowledge by attending professional growth opportunities

PGD.4 Mindfulness of current legislative activity regarding the profession

PGD.5 Active involvement in professional organizations